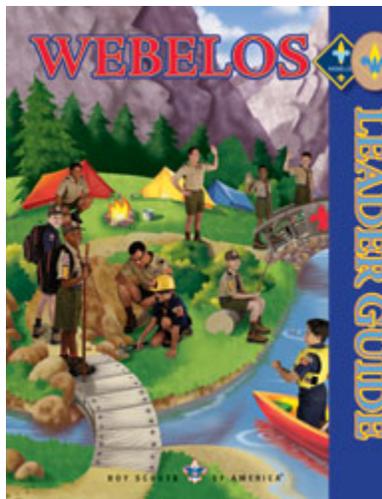


# Webelos Activity Badge

## Sportsman



Prepared By:

Rich Smith

Cubmaster Pack 133

June, 2007

The information in this Activity Badge Outline has come from many sources, including the Internet, BALOO'S BUGLE, the Pow Wow books listed on MacScouter, and some items created especially for this activity by me, often following the requirements of the Webelos Scout book.

Where possible, I have tried to give credit to the source of the material. However, often the same material appears on numerous sites or in numerous sources. My name only appears on worksheets or activities that I developed. If no reference or credit appears on an item, it simply means that it is available from multiple sources or that the source is unknown. I am in no way attempting to take credit for the fine work performed by other Scouters. I have only tried to assemble the available information that I have collected over the years, and supplement it with my own work when the Webelos requirements changed or when a specific need was not met by the available resources. Other Scouters have gone before me in this endeavor, such as Barb Stephens and R. Gary Hendra, and to them I offer my thanks.

Please use this information in the spirit that it was intended – to make the job of the Webelos Leader easier by providing a format to follow with the necessary resources to fulfill the requirements of the Activity Badge, while providing the Scouts with fun and interesting activities!

Rich Smith  
Cubmaster  
Pack 133  
Coatesville, PA



## Sportsman

### *Do these:*

1. Show the signals used by officials in one of these sports: football, basketball, baseball, soccer or hockey.
2. Explain what good sportsmanship means.
3. While you are a Webelos Scout, earn Cub Scout Sports belt loops for two individual sports (badminton, bicycling, bowling, fishing, golf, gymnastics, marbles, physical fitness, ice skating, roller skating, snow ski and board sports, swimming, table tennis, or tennis).
4. While you are a Webelos Scout, earn Cub Scout Sports belt loops for two team sports (baseball, basketball, soccer, softball, volleyball, flag football, or ultimate).

# Sportsman Signoff

Requirement							
<b>Do these requirements:</b>							
1. Show the signals used by officials in one of these sports: football, basketball, baseball, soccer or hockey.							
2. Explain what good sportsmanship means.							
3. While you are a Webelos Scout, earn Cub Scout Sports belt loops for two individual sports (badminton, bicycling, bowling, fishing, golf, gymnastics, marbles, physical fitness, ice skating, roller skating, snow ski and board sports, swimming, table tennis, or tennis).							
4. While you are a Webelos Scout, earn Cub Scout Sports belt loops for two team sports (baseball, basketball, soccer, softball, volleyball, flag football, or ultimate).							

# Sportsman Activity Badge

1. Premeeting Activities
  - a. Sportsman Word Search *(Handout)*
  - b. Sports Ball Word Search *(Handout)*
  - c. Baseball Word Find *(Handout)*
  - d. Sports Terminology *(Handout)*
  - e. Baseball Terms *(Handout)*
  - f. Let's Play Ball *(Handout)*
  - g. Brain Teasers *(Handout)*
  - h. Sports Quiz *(Handout)*
  - i. Do You Know Your NFL Teams *(Handout)*
  - j. Football Team Match Up *(Handout)*
  - k. Hidden Sports Equipment *(Handout)*
  - l. Sports Hunt *(Handout)*
  - m. The Penalty Box *(Handout)*
  - n. Name The Signals *(Handout)*
2. Introduction
  - a. Background Information
  - b. Ideas for Den Activities
3. Signals used by officials p 457 *(Requirement 1)*
  - a. Discuss and answer questions *(Handout)*
  - b. Play "You Make the Call" *(Handout)*
  - c. Play "Do You Know This Signal?" *(Handout)*
4. Good Sportsmanship p 457 *(Requirement 2)*
  - a. Discuss and answer questions *(Handout)*
5. Earn individual Sports belt loops p 458 *(Requirement 3)*
  - a. Play marbles *(Handout)*
  - b. Play table tennis
  - c. Go bowling
6. Earn team Sports belt loops p 458 *(Requirement 4)*
  - a. Play basketball *(Handout)*
  - b. Play ultimate
  - c. Play soccer

*Rich Smith*  
*6/11/2007*

# How To Use These Resources

By Rich Smith

1. Review the requirements of the Sportsman Activity Badge and become familiar with the requirements. They are straightforward. There are three main ideas of this badge – *knowing* about signals used by sports officials, *participating* in individual or team sports, and *displaying* good sportsmanship.
2. Decide how to breakup the requirements into Den Meetings. Since requirements 3 and 4 require the Webelos Scout to earn Sports Belt Loops, completion of this badge will take at least one month. Introducing one Sports Belt Loop per Den meeting will extend the length of time required for completion of this badge. Check to see if some of the boys have earned belt loops at summer camp, or if they participate in a sports program. If so, they may have already fulfilled the requirements for some belt loops.
3. It is helpful to combine this badge with the Athlete Activity Badge, since they cover the similar subjects.
4. Start each Den Meeting with a Gathering Activity from the resource list. It will keep the boys occupied and lead into the Sportsman activities.
5. Introduce the Activity Badge using the information from the Introduction to the Sportsman Activity Badge resource, combined with your personal experience.
6. Break up the Den Meeting with a game from the Sports Games resources or with another of the Gathering Activities. This will keep the boys on task.
7. Make the sessions as interesting as you can. The handouts that require answers (for instance, You Make the Call Match Game) can be used in two ways – *Static and Active mode*. In the Static mode, pass out the handout, allow the boys a few minutes to write their answers, and then ask them for their answers. Go around the group and allow only one answer per Scout. Some boys will want to dominate the discussion and give all of their answers at once. By only allowing one answer per boy you insure that all boys will participate. The Active mode makes a game out of every activity. Line the boys up shoulder to shoulder. Ask each boy a question, one at a time. If he answers correctly, he advances one step (or one floor tile). The first boy to reach an arbitrary end line or who advances the farthest wins!
8. Introduce a different Sports Belt Loop at each meeting until four are earned.
9. Use a sports related Opening or Closing from this packet at each Den Meeting.
10. If possible, take a Den trip to a sporting goods shop or gym to learn about exercise equipment. Make sure the parents are involved, and *plan ahead*.
11. Finish off the month by learning a song or a skit with a sports theme for the Pack Meeting. Choose from the resources contained at the back of this packet or find one from your other resources that better suits your needs or interests.

# Introduction to the Sportsman Activity Badge

Modified from Baloo's Bugle March 2007

National Capital Area Council

Sports are high on the list of favorites of Webelos-age boys. Most Scouts in your Den will show real interest in playing sports and in the Sportsman Activity badge. Chances are the boys spend much of their leisure time in organized sports and loosely organized neighborhood games. Some boys probably already know enough about rules, scoring, and techniques of play for several sports and can pass those Sportsman Activity requirements easily.

But that's not really enough. One of the prime purposes of the Cub Scout program is encouraging good sportsmanship and pride in growing strong in mind and body. If the boys learn the skills and rules involved in earning this Activity Badge, but don't get an inkling of what *good sportsmanship* means, then the Leaders have failed in an important aspect of our responsibility.

Everyone can agree on the importance of learning sportsmanship, but what does it mean in practice? It means the least skilled boys get just as much instruction and encouragement as the best athletes. It means the better athletes learn not just to tolerate the awkward boy, but also learn to help him. It means all boys can win and lose with grace and good sportsmanship.

The example set by Leaders will help to achieve these goals. Put stress on the fun of the game, not on winning. During competition in the group, choose the teams so that ability is equally divided. If boys choose teammates, there is a good chance that most of the best players will wind up on one team. Encourage the less skillful players. Discourage others from belittling them. Sports in Scouting should be fun for all!

*"Give them encouragement and praise their skill,*

*And you'll find they will strive their best to fulfill".*

This badge is part of the Physical Skills group, and provides activities where a boy can really *"Do His Best"*. It goes hand in hand with the Athlete and Fitness Activity Badges, because a person must be physically fit to participate in sports.

# Some Suggested Den Activities

From Baloos' Bugle March 1999

- Invite a referee or official to your Den meeting to teach signals and talk about teamwork, fair play and sportsmanship.
- Hold a parent/son sports tournament, such as bowling, tennis, volleyball, archery, etc.
- Have a Den board game marathon. Provide treats and boys bring their favorite board games to play. Allow time for rotation to different games.
- Teach a card game to the boys and set up a couple of stations for playing.
- Make it easy on yourself and use the ready-made Cub Scout Sports Program. The guides explain the rules, principles, and equipment for each sport, and the boys learn earning the belt loops and sports pin.
- Have Webelos figure out a football play or a basketball play and diagram it. Local high school or little league coaches are sources of assistance.
- Give Webelos a list of famous sports figures and have them name the sport involved.

From Baloos' Bugle March 1997

- Visit a sports shop and talk with the owner about selecting equipment.
  - Play some backyard games such as horseshoes. Croquet, Volleyball or badminton
  - Have a parent/son game.
  - Visit a racquet club or tennis court.
  - Have a sports hero Den meeting. Have each boy prepare a presentation on his hero and why he is a person to look up to. Stress sportsmanship and the reasons this sports hero is a good person, not just a player.
- 
- Put on a skit or sing a song about Sports for the Pack Meeting



# Sportsman Word Search

By Rich Smith

## Directions

Find the words in the puzzle that are listed below.

The words are horizontal, vertical, and diagonal, forwards and backwards.

All of the words are associated with the Sportsman Activity Badge!

Put the unused letters in the boxes to find a hidden message!

S K I L L S B E C H E E R A  
P P L A Y E R G O G A M E O  
O C O A C H D S P W O E R S  
R O P R O F E S S I O N A L  
T M F P T E A M T N D A  
S P O R T S S N F U N N  
M E U A M D E R G  
A T L C W A T R A I  
N E T O N N N S  
I R E S C  
C V H E  
S P E E D O F F I C I A L  
L A C I S Y H P

H I D D E N M E S S A G E

B E A G O O D S P O R T !

CHEER

COACH

COMPETE

CROWDS

ENDURANCE

EVENT

FUN

FOUL

GAME

OFFICIAL

PHYSICAL

PLAYER

PRACTICE

PROFESSIONAL

SIGNALS

SKILLS

SPEED

SPORTS

SPORTSMAN

SPORTSMANSHIP

TEAM

WINNER

# Sports Ball Word Search

From BALOO's BUGLE June 2005

*San Gabriel Valley, Long Beach & Verdugo Hills Councils*

Find the names of some of our favorite ball sports in the word search below.

They can be upside down, backwards, forwards or diagonal.

Baseball

Ping Pong

Squash

Basketball

Polo

Tennis

Croquet

Rugby

Volleyball

Football

Soccer

Water Polo

L	L	A	B	E	S	A	B	R	M
W	L	U	Z	R	E	C	C	O	S
E	A	A	D	L	U	N	S	I	C
C	B	T	B	R	P	G	N	T	R
L	T	C	E	Y	O	T	B	D	O
L	E	T	A	R	E	R	L	Y	Q
A	K	E	S	M	P	L	A	W	U
B	S	N	H	R	I	O	L	D	E
T	A	N	E	K	P	O	L	O	T
O	B	I	I	U	Z	P	W	O	V
O	C	S	Q	U	A	S	H	G	L
F	I	G	N	O	P	G	N	I	P

# Baseball Word Find

By Rich Smith

## Directions

Find the words that are listed below in the puzzle.

The words are horizontal (across) or vertical (up or down).

All of the words are associated with baseball!

B	A	T	S	F	D	F
A	G	T	H	I	R	D
L	L	P	G	R	H	C
L	O	I	J	S	K	A
M	V	T	H	T	L	T
S	E	C	O	N	D	H
N	B	H	M	V	C	E
S	D	E	E	Z	X	R
F	G	R	C	U	B	S

Ball

First

Pitcher

Bat

Glove

Second

Catcher

Home

Third





# Baseball Terms

From Santa Clara County Council 2001 Pow Wow

Each of the phrases listed below represents a term used in baseball.

See how many you can answer!

1. A summer pest \_\_\_\_\_
2. Holiday dinner \_\_\_\_\_
3. Used for pancakes \_\_\_\_\_
4. Vessel for pouring \_\_\_\_\_
5. A good foundation \_\_\_\_\_
6. To take unlawfully \_\_\_\_\_
7. A brief visit \_\_\_\_\_
8. A dinner necessity \_\_\_\_\_
9. If you forget your door key \_\_\_\_\_
10. A disguise \_\_\_\_\_
11. Twenty \_\_\_\_\_
12. Proprietor of dog pound \_\_\_\_\_
13. A valuable jewel \_\_\_\_\_
14. Given for charity \_\_\_\_\_
15. Dangerous on highways \_\_\_\_\_
16. An offering \_\_\_\_\_
17. To multiply by two \_\_\_\_\_
18. It flies only at night \_\_\_\_\_
19. Unmarried \_\_\_\_\_
20. A famous Greek poet \_\_\_\_\_
21. Used to gain relief in hot weather \_\_\_\_\_

# Baseball Terms

From Santa Clara County Council 2001 Pow Wow

Each of the phrases listed below represents a term used in baseball.

See how many you can answer!

- |  |            |
|--|------------|
| 1. A summer pest                       | Fly        |
| 2. Holiday dinner                      | Foul       |
| 3. Used for pancakes                   | Batter     |
| 4. Vessel for pouring                  | Pitcher    |
| 5. A good foundation                   | Base       |
| 6. To take unlawfully                  | Steal      |
| 7. A brief visit                       | Short Stop |
| 8. A dinner necessity                  | Plate      |
| 9. If you forget your door key         | Out        |
| 10. A disguise                         | Mask       |
| 11. Twenty                             | Score      |
| 12. Proprietor of dog pound            | Catcher    |
| 13. A valuable jewel                   | Diamond    |
| 14. Given for charity                  | Ball       |
| 15. Dangerous on highways              | Curve      |
| 16. An offering                        | Sacrifice  |
| 17. To multiply by two                 | Double     |
| 18. It flies only at night             | Bat        |
| 19. Unmarried                          | Single     |
| 20. A famous Greek poet                | Homer      |
| 21. Used to gain relief in hot weather | Fan        |

# Let's Play Ball

From Baloo's Bugle March 2005

Using the clue sentences, fill in the blanks for baseball fun.

The letters may fall at any point of the word.

1. A ball is hit out of bounds.
2. When a player makes every base.
3. One responsible for throwing the ball.
4. When a player fails to connect the bat with the ball.
5. One in charge of calling plays.
6. All leather and five fingers
7. Necessary piece of equipment other than the bat.
8. Come from behind, score a lot of runs
9. Long, skinny, hitting object
10. There are four in every game
11. Horizontal position for reaching base
12. One who can catch a high ball that's hit past all the bases

1				F	O	U	L						
2							E						
3							T						
4							S						
5					U	M	P	I	R	E			
6							L						
7							A						
8							Y						
9							B						
10							A						
11							L						
12							L						

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11. Horizontal position for reaching base
12. One who can catch a high ball that's hit past all the bases

1				F	O	U	L							
2				H	O	M	E	R	U	N				
3					P	I	T	C	H	E	R			
4							S	T	R	I	K	E		
5					U	M	P	I	R	E				
6						G	L	O	V	E				
7						B	A	L	L					
8			R	A	L	L	Y							
9							B	A	T					
10							B	A	S	E	S			
11							S	L	I	D	E			
12	O	U	T	F	I	E	L	D	E	R				

# Brain Teasers

From BALOO's BUGLE March 2005

Match Up: Match each sport with the appropriate term:

- |               |                   |
|---------------|-------------------|
| 1. Bowling    | a. Grand Slam     |
| 2. Ice Hockey | b. Right Hook     |
| 3. Archery    | c. Slalom         |
| 4. Baseball   | d. Gutter Ball    |
| 5. Golf       | e. Love           |
| 6. Basketball | f. Place Kick     |
| 7. Tennis     | g. Bull's-eye     |
| 8. Skiing     | h. Bogey          |
| 9. Football   | i. Icing the Puck |
| 10. Boxing    | j. Free Throw     |

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| 7. Tennis     | g. Bull's-eye     |
| 8. Skiing     | h. Bogey          |
| 9. Football   | i. Icing the Puck |
| 10. Boxing    | j. Free Throw     |

## Answers

- |      |       |
|------|-------|
| 1. d | 6. j  |
| 2. i | 7. e  |
| 3. g | 8. c  |
| 4. a | 9. f  |
| 5. h | 10. b |

# Sports Quiz

From Santa Clara County Council 1998 Pow Wow

See how many terms you can match with the game it belongs to:

- |                  |                   |
|------------------|-------------------|
| 1. Spare         | a. Hockey         |
| 2. Shell         | b. Trap-shooting  |
| 3. Shuttlecock   | c. Boxing         |
| 4. Fairway       | d. Bowling        |
| 5. Slalom        | e. Polo           |
| 6. Double fault  | f. Skiing         |
| 7. Eight-Ball    | g. Basketball     |
| 8. Chukker       | h. Archery        |
| 9. Clay Pigeon   | i. Boating        |
| 10. Technical KO | j. Football       |
| 11. Jump Shot    | k. Baseball       |
| 12. Puck         | l. Figure Skating |
| 13. Double Play  | m. Tennis         |
| 14. Figure Eight | n. Badminton      |
| 15. Field Goal   | o. Pool           |
| 16. Headlock     | p. Wrestling      |
| 17. Casting      | q. Golf           |
| 18. Quiver       | r. Diving         |
| 19. Jack-knife   | s. Hunting        |
| 20. Oar          | t. Fly fishing    |

Score: 1-5 = Amateur, 6-10 = Novice, 11-15 = Semi Pro, 16-20 = Pro.



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From Santa Clara County Council 1998 Pow Wow

See how many terms you can match with the game it belongs to:

- |                  |                   |
|------------------|-------------------|
| 1. Spare         | a. Hockey         |
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| 5. Slalom        | e. Polo           |
| 6. Double fault  | f. Skiing         |
| 7. Eight-Ball    | g. Basketball     |
| 8. Chukker       | h. Archery        |
| 9. Clay Pigeon   | i. Boating        |
| 10. Technical KO | j. Football       |
| 11. Jump Shot    | k. Baseball       |
| 12. Puck         | l. Figure Skating |
| 13. Double Play  | m. Tennis         |
| 14. Figure Eight | n. Badminton      |
| 15. Field Goal   | o. Pool           |
| 16. Headlock     | p. Wrestling      |
| 17. Casting      | q. Golf           |
| 18. Quiver       | r. Diving         |
| 19. Jack-knife   | s. Hunting        |
| 20. Oar          | t. Fly fishing    |

Score: 1-5 = Amateur, 6-10 = Novice, 11-15 = Semi Pro, 16-20 = Pro.

## Answers

- |      |      |       |       |       |
|------|------|-------|-------|-------|
| 1. d | 5. f | 9. b  | 13. k | 17. t |
| 2. s | 6. m | 10. c | 14. l | 18. h |
| 3. n | 7. o | 11. g | 15. j | 19. r |
| 4. q | 8. e | 12. a | 16. p | 20. i |

# Do You Know Your NFL Teams?

From Baloo's Bugle March 2005

1. Army insects \_\_\_\_\_
2. Seven squared \_\_\_\_\_
3. Hostile attackers \_\_\_\_\_
4. Helpers to relocate \_\_\_\_\_
5. Various iron workers \_\_\_\_\_
6. Sun tanned bodies \_\_\_\_\_
7. I.O.U.'s \_\_\_\_\_
8. Six rulers \_\_\_\_\_
9. Opposite of ewe \_\_\_\_\_
10. Class of Boy Scouts \_\_\_\_\_
11. American Gauchos \_\_\_\_\_
12. Loyal team \_\_\_\_\_
13. Credit card users \_\_\_\_\_
14. Indian leaders \_\_\_\_\_
15. King of beasts \_\_\_\_\_
16. Team of tigers \_\_\_\_\_
17. A dollar for corn \_\_\_\_\_
18. Hot epidermis \_\_\_\_\_
19. Six shooters \_\_\_\_\_
20. Rodeo horses \_\_\_\_\_
21. Heavenly team \_\_\_\_\_
22. Grumpy person \_\_\_\_\_

# Do You Know Your NFL Teams?

From Baloo's Bugle March 2005

- |                         |           |
|-------------------------|-----------|
| 1. Army insects         | GI ants   |
| 2. Seven squared        | 49ers     |
| 3. Hostile attackers    | Raiders   |
| 4. Helpers to relocate  | Packers   |
| 5. Various iron workers | Steelers  |
| 6. Sun tanned bodies    | Browns    |
| 7. I.O.U.'s             | Bills     |
| 8. Six rulers           | VI Kings  |
| 9. Opposite of ewe      | Rams      |
| 10. Class of Boy Scouts | Eagles    |
| 11. American Gauchos    | Cowboys   |
| 12. Loyal team          | Patriots  |
| 13. Credit card users   | Chargers  |
| 14. Indian leaders      | Chiefs    |
| 15. King of beasts      | Lions     |
| 16. Team of tigers      | Bengals   |
| 17. A dollar for corn   | Buccaneer |
| 18. Hot epidermis       | Red Skins |
| 19. Six shooters        | Colts     |
| 20. Rodeo horses        | Broncos   |
| 21. Heavenly team       | Saints    |
| 22. Grumpy person       | Bears     |

# Football Team Match Up

*Santa Clara County Council Pow Wow July 2005*

Many football teams in the NFL are represented with animals in their names or logos.  
Match the location (city or state) with the correct animal, and team logo.

- |     |              |       |       |    |           |    |   |
|-----|--------------|-------|-------|----|-----------|----|---|
| 1.  | Atlanta      | _____ | _____ | A. | Bears     | a. |    |
| 2.  | Arizona      | _____ | _____ | B. | Bengals   | b. |    |
| 3.  | Baltimore    | _____ | _____ | C. | Broncos   | c. |    |
| 4.  | Carolina     | _____ | _____ | D. | Cardinals | d. |    |
| 5.  | Chicago      | _____ | _____ | E. | Dolphins  | e. |    |
| 6.  | Cincinnati   | _____ | _____ | F. | Eagles    | f. |    |
| 7.  | Denver       | _____ | _____ | G. | Falcons   | g. |   |
| 8.  | Detroit      | _____ | _____ | H. | Jaguars   | h. |  |
| 9.  | Jacksonville | _____ | _____ | I. | Lions     | i. |  |
| 10. | Miami        | _____ | _____ | J. | Panthers  | j. |  |
| 11. | Philadelphia | _____ | _____ | K. | Rams      | k. |  |
| 12. | St. Louis    | _____ | _____ | L. | Ravens    | l. |  |
| 13. | Seattle      | _____ | _____ | M. | Seahawks  | m. |  |



# Football Team Match Up

*Santa Clara County Council Pow Wow July 2005*

Many football teams in the NFL are represented with animals in their names or logos.  
Match the location (city or state) with the correct animal, and team logo.

1.	Atlanta	_____	_____	A.	Bears	a.	
2.	Arizona	_____	_____	B.	Bengals	b.	
3.	Baltimore	_____	_____	C.	Broncos	c.	
4.	Carolina	_____	_____	D.	Cardinals	d.	
5.	Chicago	_____	_____	E.	Dolphins	e.	
6.	Cincinnati	_____	_____	F.	Eagles	f.	
7.	Denver	_____	_____	G.	Falcons	g.	
8.	Detroit	_____	_____	H.	Jaguars	h.	
9.	Jacksonville	_____	_____	I.	Lions	i.	
10.	Miami	_____	_____	J.	Panthers	j.	
11.	Philadelphia	_____	_____	K.	Rams	k.	
12.	St. Louis	_____	_____	L.	Ravens	l.	
13.	Seattle	_____	_____	M.	Seahawks	m.	

**Answers:**

- |        |         |
|--------|---------|
| 1. G/h | 8. I/d  |
| 2. D/j | 9. H/e  |
| 3. L/b | 10. E/g |
| 4. J/m | 11. F/a |
| 5. A/c | 12. K/f |
| 6. B/l | 13. M/i |
| 7. C/k |         |

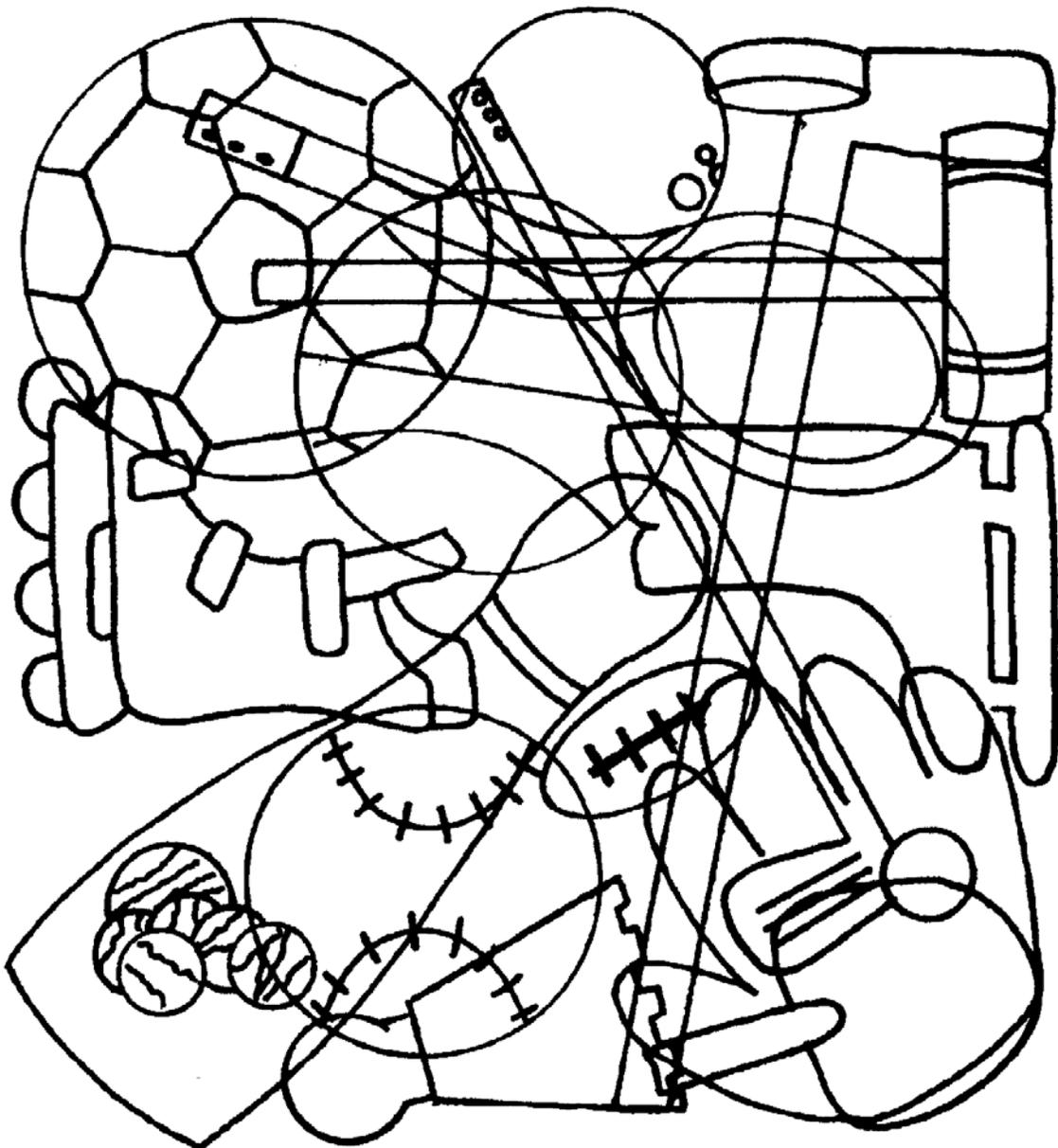


# Hidden Sports Equipment

From Circle Ten Council 1999 Pow Wow

Find the 18 hidden pieces of sports equipment in the picture below.

- |                |                    |             |                       |
|----------------|--------------------|-------------|-----------------------|
| soccer ball    | bowling ball       | bowling pin | hockey stick and puck |
| croquet mallet | tennis racket      | ice skates  | roller blades         |
| basketball     | marbles            | football    | badminton birdie      |
| catcher's mitt | golf club and ball | baseball    | table tennis paddle   |



# Sports Hunt

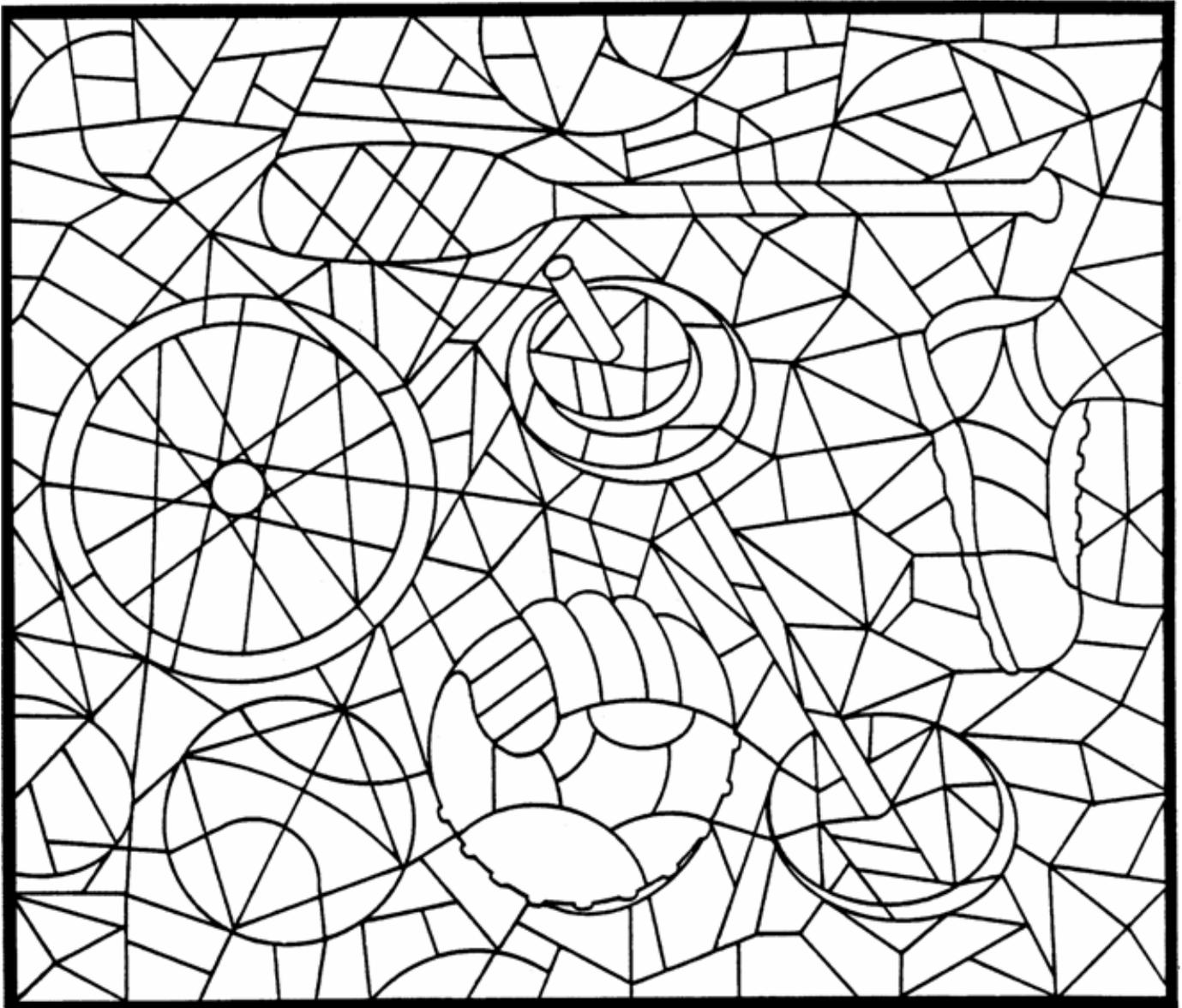
From scoutcrossing.com (July 2005)

You can't play baseball without a bat! And you can't play certain Olympic sports without the right equipment.

It takes a wheel, a ball, a sneaker, a paddle, a barbell, and a glove to play these Olympic sports: Basketball; Canoe racing; Long-distance running; Weight lifting; Bicycling; and Baseball.

Can you find and color in all six things hidden here?

Which sports do they belong to?





# The Penalty Box

By Barb Stephens

Match the Official's Signal Calls to the correct sport.

Pass Interference	Kneeing	Time In	Illegal Dribble	Technical Foul
Face Mask	Fair Ball	Offside	Slashing	Time Out
Charging	Corner Kick	Incomplete Pass	Substitution	Ball
Hooking	Out	Delay of Game	Strike	Touchdown
Penalty Kick	Safe	Unsportsmanlike Conduct	Holding	Clipping
Foul Ball	Foul	Illegal Motion	Traveling	Tripping

<b>Football</b>	<b>Basketball</b>	<b>Baseball</b>	<b>Soccer</b>	<b>Hockey</b>
Clipping	Charging	Ball	Corner Kick	Hooking
Delay of Game	Foul	Fair Ball	Kneeing	Offside
Face Mask	Holding	Foul Ball	Offside	Slashing
Holding	Illegal Dribble	Out	Penalty Kick	
Illegal Motion	Substitution	Safe	Tripping	
Incomplete Pass	Technical Foul	Strike		
Offside	Time Out	Time Out		
Pass Interference	Traveling			
Time Out	Tripping			
Touchdown				
Unsportsmanlike Conduct				

# Name the Signals

From BALOO's BUGLE June 2005

*Baltimore Area Council*

List the meanings of each of the signals shown in the table below.

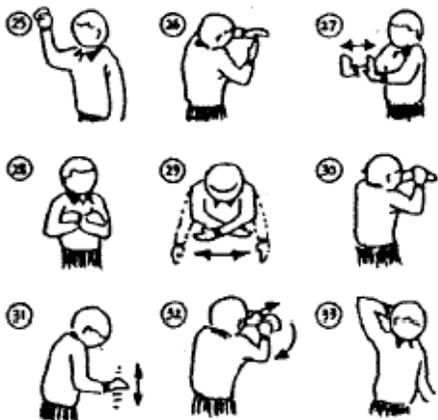
<b>FOOTBALL</b>	<b>Football</b>	1.
   	2.	3.
   	4.	5.
   	6.	7.
   	8.	9.
	10.	11.
<b>BASEBALL</b>	12.	13.
  	14.	15.
   	16.	17.
<b>BASKETBALL</b>	<b>Baseball</b>	18.
  	19.	20.
  	21.	22.
  	23.	24.
	<b>Basketball</b>	25.
	26.	27.
	28.	29.
	30.	31.
	32.	33.

# Name the Signals

From BALOO's BUGLE June 2005

*Baltimore Area Council*

List the meanings of each of the signals shown in the table below.

<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;">FOOTBALL</div> 	<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;">BASEBALL</div> 	<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;">BASKETBALL</div> 	<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;">Football</div>	<p>1. Offsides</p> <p>2. Illegal Procedure</p> <p>3. Illegal Motion</p> <p>4. Incomplete Pass, Penalty Declined, No Score, No Play</p> <p>5. Illegal Shift</p> <p>6. Illegal Return</p> <p>7. Delay of Game</p> <p>8. TD or Filed Goal</p> <p>9. Clipping</p> <p>10. Holding</p> <p>11. Illegal Forward Pass</p> <p>12. Time Out</p> <p>13. Pass Interference</p> <p>14. Ineligible Receiver</p> <p>15. Start the Clock</p> <p>16. First Down</p> <p>17. Roughing the Kicker</p>
			<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;">Baseball</div>	<p>18. Strike</p>
			<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;">Basketball</div>	<p>19. Ball</p> <p>20. Out</p> <p>21. Safe</p> <p>22. Time Out</p> <p>23. Time In</p> <p>24. Fair or Foul Ball</p> <p>25. Personal Foul</p> <p>26. Technical Foul</p> <p>27. Charging (Pushing)</p> <p>28. Illegal use of Hands</p> <p>29. Cancel Score</p> <p>30. Holding</p> <p>31. Illegal Dribble</p> <p>32. Traveling</p> <p>33. Player Control Foul</p>

# Sportsman Activity Badge

## Learning Official's Signal

### Requirement 1

Show the signals used by officials in one of these sports: football, basketball, baseball, soccer or hockey.

### You Make The Call

From Santa Clara County Council 2001 Pow Wow

Dive the Den into two teams. Write on index cards the name of a sport and a situation. The Leader reads a card and teams answer. Play this like baseball. Each player has a chance at bat. When a player has a "hit" by giving a correct answer, the team will gain 1 point. If a player cannot answer the question or gives a wrong answer, that's an "out" and the next player has a chance to answer the same question. Three "outs" and the teams switch. Team members cannot help the player at bat but can send in a designated hitter, etc. Make up the rules with the boys.

#### Sample questions:

- BASKETBALL Person dribbling ball stops, holds ball and then begins dribbling again.
- FOOTBALL A defensive player runs into the punter on purpose and does not hit the ball.
- SOCCER No defensive players are between an offensive player and the opposing goal and the offensive player does not have the ball.
- TENNIS Player serving ball hits the ball too hard and it goes into the other player's backcourt.
- HOCKEY Player is hooked by the stick of an opponent.
- BASEBALL Pitcher throws a pitch that arrives at the plate outside of the strike zone.
- BASKETBALL Two players on opposite teams hold the ball simultaneously.
- FOOTBALL A team takes more than the allotted time to begin a new play.
- SOCCER An offensive player kicks the ball toward the goal but the ball goes over the goal and out the back of the field.
- VOLLEYBALL While trying to return the ball, one player hits it two times in a row.
- BASEBALL A player hits a high fly ball that bounces once and goes over the wall in left field.
- BASKETBALL A player fouls another player as he is about to shoot the ball.
- FOOTBALL An offensive player is interfered with while attempting to catch a forward pass.
- SOCCER A defensive player, while defending his goal, loses the ball out of bounds along the back line.

# Sportsman Activity Badge

## Learning Official's Signal

### **Requirement 1**

Show the signals used by officials in one of these sports: football, basketball, baseball, soccer or hockey.

### Do You Know This Signal?

From Santa Clara County Council 2001 Pow Wow

1. Divide the Den into two teams.
2. One team chooses a sport and gives one officials' signal. The other team identifies it.
3. If they cannot correctly identify the signal, the first team gains one point and gives another signal. If the second team can correctly identify the signal, then they gain one point and start giving signals.

### Signal Game

From [boyscouttrail.com](http://boyscouttrail.com)

After going over the Official's Signals in the handbook for football, basketball and baseball, divide the Den into two teams to practice the signals for a few minutes.

1. To start the game, have the two teams face each other and toss a coin to see who starts.
2. The winners can elect to receive or send the first signal.
3. The first player to send then states the name of the sport and gives the signal.
4. The first player on the other team must state what the signal is without aid from his teammates. If he gets the signal correct, his team scores one point. If the receiver misses or has help from his teammates, the sending team gets a point.
5. The first boy to be receiver is now the sender and the other boy is the receiver.
6. Continue down the line, tallying points for correct answers.

# Sportsman Activity Badge

## Learning Official's Signal

### Requirement 1

Show the signals used by officials in one of these sports: football, basketball, baseball, soccer or hockey.

## You Make the Call Match Game

From [boyscoutstrail.com](http://boyscoutstrail.com)

Place the correct abbreviation in the space by each "call" made in the following sports:

FOOTBALL=**F**    BASKETBALL=**BK**    BASEBALL=**B**    SOCCER=**S**    HOCKEY =**H**

- |                             |                           |
|-----------------------------|---------------------------|
| ___ Pass Interference       | ___ Illegal Dribble       |
| ___ Technical Foul          | ___ Holding the Face Mask |
| ___ Kneeing                 | ___ Time-in               |
| ___ Slashing                | ___ Time-out              |
| ___ Charging                | ___ Fair Ball             |
| ___ Offside                 | ___ Substitution          |
| ___ Ball                    | ___ Hooking               |
| ___ Corner Kick             | ___ Incomplete Pass       |
| ___ Strike                  | ___ Touchdown             |
| ___ Penalty Kick            | ___ Out                   |
| ___ Delay of Game           | ___ Holding               |
| ___ Clipping                | ___ Foul Ball             |
| ___ Unsportsmanlike Conduct | ___ Safe                  |
| ___ Traveling               | ___ Illegal Motion        |
| ___ Tripping                | ___ Foul                  |

Some calls may belong to more than one sport. Which of these can you identify?

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# Sportsman Activity Badge

## Learning Official's Signal

### Requirement 1

Show the signals used by officials in one of these sports: football, basketball, baseball, soccer or hockey.

## You Make the Call Match Game

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\_ **F** \_ Pass Interference

**BK** \_ Technical Foul

\_ **S** \_ Kneeing

\_ **H** \_ Slashing

**BK** \_ Charging

\_ **F** \_ Offside

\_ **B** \_ Ball

\_ **S** \_ Corner Kick

\_ **B** \_ Strike

\_ **S** \_ Penalty Kick

\_ **F** \_ Delay of Game

\_ **F** \_ Clipping

\_ **F** \_ Unsportsmanlike Conduct

**BK** \_ Traveling

\_ **F** \_ Tripping

**BK** \_ Illegal Dribble

\_ **F** \_ Holding the Face Mask

\_\_\_ Time-in

\_ **F** \_ Time-out

\_ **B** \_ Fair Ball

**BK** \_ Substitution

\_ **H** \_ Hooking

\_ **F** \_ Incomplete Pass

\_ **F** \_ Touchdown

\_ **B** \_ Out

\_ **F** \_ Holding

\_ **B** \_ Foul Ball

\_ **B** \_ Safe

\_ **F** \_ Illegal Motion

**BK** \_ Foul

Some calls may belong to more than one sport. Which of these can you identify?

Timeout – Football, Basketball, Baseball

Holding – Football, Soccer, Hockey

Offside - Football, Soccer, Hockey

Charging – Basketball, Hockey

Tripping - Football, Basketball, Soccer, Hockey

# Sportsman Activity Badge

## Good Sportsmanship

### **Requirement 2**

Explain what good sportsmanship means.

#### **Good Sportsmanship**

From Balloos' Bugle March 2000

Heart of America Council

The ability to abide by the rules, to win without boasting and to lose without offering excuses is the essence of good sportsmanship. Sportsmanship requires honesty, fair play, cooperation, competitive spirit, respect for authority and rules, acceptance of responsibility and respect for others. A real sportsman follows these rules in each game, but also in his/her life.

Good sportsmanship is part of good citizenship. (For example, to lose a class election gracefully.) The "Spirit of Good Sportsmanship" means being modest in victory as well as accepting defeat gracefully after trying your best.

The following is the code of sportsmanship of the Sportsmanship Brotherhood.

1. Keep the rules
2. Keep faith with your comrade.
3. Keep your temper
4. Keep yourself physically fit.
5. Keep a stout heart in defeat.
7. Keep your pride under control in victory.
8. Keep a sound soul, a clean mind and a healthy body.
9. Play the game.



# Sportsman Activity Badge

## Good Sportsmanship

### **Requirement 2**

Explain what good sportsmanship means.

#### **Tuff Sport**

From Santa Clara County Council 1998 Pow Wow

Want to give your Webelos Scouts the idea of “Good Sportsmanship?”

Pick any really easy game to play like Red Light, Green Light. The Leader is the light.

***Make it so tuff that nobody wins!***

Usually after a short time they will start to complain about the game being too hard, not fair, or that no one can win.

That’s a great opening for a sportsman-like conduct, good loser vs. bad loser discussion.

It’s not just winning but playing and how you play.

Then continue to play the same game in the same way. They should laugh a little longer this time.



# Sportsman Activity Badge

## Sports Belt Loops

### Requirements 3 and 4

Earn Cub Scout Sports belt loops for two individual and two team sports.

## Sports Belt Loops

From [usscouts.org](http://usscouts.org)



## Cub Scout Academics and Sports Program

U.S. SCOUTING SERVICE PROJECT -- [HTTP://USSCOUTS.ORG](http://usscouts.org)

The Cub Scouts Academics and Sports Program is one method of addressing the third aim of Scouting: the development of physical, mental and emotional fitness. Fitness includes the body (well-tuned and healthy), the mind (able to think and solve problems), and the emotions (self-control, courage, and self-respect). As in most activities in Cub Scouting, this is not meant to be a highly competitive program, instead, the boys are encouraged to **DO THEIR BEST**.

The Academic and Sports Program is an optional program for all Cub Scouts. It is not part of the normal requirements towards ranks, except where used in obtaining various Webelos activity badges and Wolf Elective 20 (Sports). Its purpose is to assist the Scouts in learning a new skill, or improving one they already possess.

A variety of recognition items are available for the boys (Tiger Cubs, Cub Scouts, or Webelos Scouts) who participate in the program. (Adults are NOT awarded with belt loops or pins.)

- Belt loops are awarded to boys who complete the three belt loop requirements in an academic subject or sport. Academic belt loops are gold, and Sports belt loops are silver (except for the Archery and BB-gun Shooting belt loops, which are brass colored)
- Pins are awarded to boys who choose to continue their involvement in an Academics or Sports area and earn the pin by meeting the appropriate requirements. Pins are worn on the Cub Scout Academic and Sports letter

- The Academic and Sports letter (pictured above) is available to boys for displaying Academics and Sports pins that Tiger Cubs, Cub Scouts, and Webelos Scouts earn. The letter, a large Blue and Gold "C", representing Cub Scouts can be worn on a sweater or jacket, or displayed or framed. It does NOT go on the uniform. There are NO specific requirements for earning the letter, as it is designed merely to display the pins.
- There are also Pocket Certificates, Activity Medals, and Trophies, and the Participation Emblem (pictured above), which can be awarded as the Pack decides.

The Cub Scout Academics and Sports program is a supplemental enrichment program that complements the existing Cub Scout program. The Academics subjects and, Sports activities allow boys to learn new techniques, increase scholarship skills, develop sportsmanship - and have fun. Boys participating in the program will be recognized for enjoying teamwork, developing physical fitness, and discovering and building new talents. The Academics and Sports program encourages a boy to do his best.

## **Concepts and Guidelines**

The Cub Scout Academics and Sports program is based on the following concepts and guidelines

- The program supplements the existing advancement and recognition program for Tiger Cubs, Cub Scouts, and Webelos Scouts; it does not replace it. The program is one element of Cub Scouting, as are den and pack meetings, day camp, and other activities.
- All registered Tiger Cubs, Cub Scouts, and Webelos Scouts have an opportunity to participate in the Academics and Sports program.
- Participation may take place at home, with the family, or within a den, a pack, or the community.
- Adult participation by a parent or adult relative, if possible, is strongly recommended for Cub Scouts and Webelos Scouts and is required for Tiger Cubs.
- Emphasis is placed on introducing a boy to a sport or academic subject, allowing him to participate in it and encouraging him to do his best. The Academics and Sports program focuses on learning and skill development, not winning.
- The primary focus of the program is on scholarship and sportsmanship.
- Each Tiger Cub, Cub Scout, and Webelos Scout will be presented with the appropriate recognition item for completing the requirements, whether he does so as an individual Scout, with his family, with his den or pack, or in his school or community.
- The Academics portion of the program covers a variety of subjects, including art, chess, citizenship, communicating, computers, geography, heritages, mathematics, music, science, weather, and wildlife conservation.
- The Sports portion of the program includes summer and winter sports, indoor and outdoor sports, active and less-active sports, and team and individual sports.
- Cub Scouts who have disabilities may select their own activities and design their own fitness or academic program with the help of a physician, teacher, or parent.

# Sportsman Activity Badge

## Sports Belt Loops

### Requirements 3 and 4

Earn Cub Scout Sports belt loops for two individual and two team sports.

## Sports Belt Loops

From [boyscoutstrail.com](http://boyscoutstrail.com)

Here are some ideas on how to organize your Den's participation in these *individual* sports.

#### **Badminton**

You may want to start with doubles and then go to singles when the Cubs get good enough.

#### **Bicycling**

Check the Handyman section for setting up a bike tune-up and rodeo. This way they can get credit for the Handyman badge and the Bicycling belt loop.

#### **Bowling**

This is an opportunity for a fun-filled field trip, especially in the dead of winter. This can get pricey and only plan on playing two games - this can wear out the boys faster than you think!

#### **Fishing**

This is a perfect overnighter activity. Bring the Cubs with one parent each and camp out. Make sure you practice water safety!

#### **Golf**

Cub-aged boys love to play miniature golf. Incorporate this field trip as a good-behavior reward for the den. Or your den may elect to make their own backyard game using frozen juice cans.

#### **Gymnastics**

You need access to both tumbling and apparatus. Check with your local school or gym to see if they can help out. Be sure to have qualified help.

#### **Marbles**

This is so easy and quite inexpensive. The lost art of marbles is coming back and Cubs will enjoy it.

#### **Physical Fitness**

Start this early in the school year, so it can be done outdoors. Does your school's gym program provide this instruction already?

#### **Skating**

Another great get-away field trip. Many boys have their own skates too, which helps reduce the cost. Check with the skating rink to be sure they allow personal equipment.

#### **Skiing**

In Nebraska, water skiing is your best bet, but be sure to provide adequate safety and supervision.

#### **Swimming**

Gather for some fun in a neighborhood pool. If it's a private pool, try to incorporate some activities from other badges, like Aquanaut and Scientist!

#### **Table Tennis**

Ping-pong by any other name is still lots of fun. Run a simple tournament like with badminton.

#### **Tennis**

Local school or neighborhood courts are great for this. Borrow some rackets or purchase some used inexpensive ones. Get the cheapest balls as these are easily lost.



# Sports Games

From scoutcrossing.com (July 2005)

## Sports Mix-ups

Make 12 sets of sports cards using the words listed below. Write each word on a different color of paper, then cut out each letter. Mix up the letters to a word, and place them in a baggie.

Divide the boys into small groups, and give each group a sports card baggie.

On a signal, each group is to open their baggie and unscramble the letters to reveal what the sport is. All members of the group shout out the name of the sport (or, ask each team to be silent until they have spelled out their word). The winning group gets a small prize.

BADMINTON  
BOWLING  
CRICKET  
VOLLEYBALL

TABLE TENNIS  
SWIMMING  
SOFTBALL  
GYMNASTICS

TRACK AND FIELD  
RUGBY  
BASEBALL  
HOCKEY

Variation: Make two sets of cards. Give each group the same word and see who can unscramble it first. Give points for the correct answer and award a small prize to the group with the highest number of points.

## What's In The Bag?

**Materials needed:** Pillow case, assorted sports items (golf ball, tennis ball, Frisbee, tennis racket, baseball glove, etc.), paper, pencils, timer.

Fill the pillowcase with assorted sports items. Using a timer, allow each person 15 seconds to reach inside and feel what is in the pillowcase. Each person then writes down what he thinks is in the bag.

Remind players to be specific - don't just write, "ball," but write "golf ball" or "basketball."

Suggest they not share their findings with other players.

The person with the most right wins a small prize.

## Soda Bottle Bowling

Gather 10 empty 2-liter soft drink bottles.

Fill each with a few inches of sand.

Set up the "pins" in the traditional triangular shape, and take turns bowling with a soccer ball or something similar. (It would be a good idea to do a trial run, insuring the ball is heavy enough to push over the pins with a given amount of sand inside.)

# Sports Games

From Baloos' Bugle March 2000

Heart of America Council

## Frisbee Baseball

Played according to regular baseball rules. The pitcher throws the frisbee toward the "batter: who then catches it. If he misses it, it is a strike and if it is outside the strike zone, it is a ball. The "batter" who has made a good catch, then throws the frisbee and proceeds around the bases. If it is caught the "batter" is out. The rest of the game follows baseball rules.

## Sports Cards

Make a set of 10 x 10 inch cards. On one side put a copy of the official signals for the game (football, basketball, hockey, baseball, soccer, etc.) of your choice. On the other side put an explanation of what the call means. The game can be played several ways.

1. Hold up the picture and ask for the proper call.
2. Read the explanation of the call and ask for its name.
3. Execute the call and ask for it's name.
4. The game can be played as a competition:
  - A. Divide den(s) into two teams and give one point to the first person to guess the answer.
  - B. Divide den(s) into two teams and assign each team a sport and show each team a card for its sport. Each team will have a different sport. The first team to get the answer gets a point.

From BALOO's BUGLE June 2005

## Sports Riddles In Rhyme

*Baltimore Area Council*

Say a verse and see who can guess the sport. The answer are in parentheses.

Think of a diamond,  
Think of a team of nine  
Think of a grandstand filled with fans,  
Willing to stand in line. (**Baseball**)

Two forwards and a center,  
Plus two guards make a team,  
To win this fast exciting game  
Is every player's dream. (**Basketball**)

Eleven players on each team.  
Two halves in which to play  
When a player makes a touchdown.  
There's cheer right away. (**Football**)

# Sports Skits

From BALOO's BUGLE June 2005

## The Football Game

*Baltimore Area Council*

A group of boys are discussing a football game. Insert the name of your local high schools or favorite pro teams in the blanks.

- Cub # 1:** I sure hope that the \_\_\_\_\_ win.
- Cub # 2:** Well, I'm sure that the \_\_\_\_\_ will win.
- Cub # 3:** Why, the \_\_\_\_\_ will beat 'em 40 to nothin'.
- Cub # 4:** I can tell you the score of the game before it starts.
- All Others:** Oh yeah? How can you? You're not psychic, are you?
- Cub # 4:** The score of the game before it starts? It's nothin' to nothin' of course!

## Whose Football?

*San Gabriel Valley, Long Beach & Verdugo Hills Councils*

**Equipment:** Something that looks like a T.V. & 2 chairs.

**Preparation:** Set up the two chairs side by side facing the T.V., Two scouts playing a Father and Son, sit in the chairs.

- Cub #1:** (The Father) leaps out of his chair saying, "I can't believe he missed that simple pass! Why do they let that lazy guy play anyway?"
- Cub #2:** (The Son) looks at father, "Dad, maybe it's his football!"

## Broken Finger

*San Gabriel Valley, Long Beach & Verdugo Hills Councils*

**Personnel:** Two Scouts

**Preparation:** Practice speaking loudly and clearly

- Cub #1:** *Cub #1 approaches Cub #2* "Do you know about first aid? When I press my forehead with my finger, it really hurts. When I do the same to my jaw, it's also painful. When I press on my stomach, I suffer. What can it be?"
- Cub #2:** *Cub #2 listens to Cub #1's heart, taps on his chest, looks in his ears and declares,* "I don't know. You better go to the camp doctor. It looks serious."
- Cub #1:** "O.K." *Cub #1 leaves for a few minutes and comes back.*
- Cub #2:** "What did the camp doctor say?"
- Cub #1:** "The doctor said I have a ***broken finger!***"

# Sports Skits

From BALOO's BUGLE June 2005

## The Shoe

*San Gabriel Valley, Long Beach & Verdugo Hills Councils*

- Equipment:** Two people, one wearing only one tennis shoe.  
**Preparation:** Decide who will wear the one shoe, practice  
**Action:** Cub #1 wearing only one shoe is looking around looking underneath and behind things.

**Cub #2:** "Did you lose a tennis shoe?"

**Cub #1:** "No, I found one!"

## Sports Run-Ons

*Baltimore Area Council*

**Cub # 1:** You want to hear something funny? My sister thinks a football coach has four wheels.

**Cub # 2:** Ha! Ha! Ha! Ha! Ha! How many does it have?

**Cub #1:** Speaking of baseball, I have something here that can run but can't walk.

**Cub #2:** What is it?

**Cub #1:** Water.

**Cub # 1:** What do baseball players eat on?

**Cub # 2:** Home plates!

**Tiger Cub:** What's the quietest sport in the world?

**Den Leader:** I don't know.

**Tiger Cub:** Bowling. You can hear a pin drop.

**Dad 1:** I hear your son is on the football team. What position does he play?

**Dad 2:** I think he's one of the drawbacks.

**Professor:** Class, what has eighteen legs and catches flies?

**Student:** A baseball team?

# Sports Skits

From BALOO's BUGLE June 2005

## Sports Jokes and Riddles

*San Gabriel Valley, Long Beach & Verdugo Hills Councils*

Q: How do baseball players stay cool?

A: They sit next to their fans!

Q: What do cheerleaders drink before they go to a basketball game?

A: Root beer!

Q: What do basketball players and babies have in common?

A: They both dribble!

Q: What runs around a soccer field but doesn't move?

A: A fence!

Q: Why did the basketball player go to jail?

A: Because he shot the ball!

Q: Why did the football coach go to the bank?

A: Because he wanted to get his quarter back!

Q: Why did the golfer wear two pairs of pants?

A: In case he got a hole-in-one!

Q: Why don't grasshoppers go to baseball games?

A: They prefer cricket!

Q: Why did the police go to the baseball game?

A: Because someone was stealing a base!

Q: Why did Cinderella get kicked off the soccer team?

A: Because she ran away from the ball!

Q: Why did the cake like to play baseball?

A: Because it was a good batter.



# Sports Skits

## Shape Up!

Source Unknown – Probably From BALOO's BUGLE

Cub 1: I can lift an elephant with one hand.

Cub 2: I don't believe you.

Cub 1: Give me an elephant with one hand and I'll show you.

Cub 3: I can bend bars with my bare hands.

Cub 4: Iron bars?

Cub 3: No, chocolate bars.

Cub 5: Why are you jumping up and down?

Cub 6: I took some medicine and forgot to shake well before using.

## The Exerciser

From BALOO's BUGLE February 2002

Inland Northwest Council

The Narrator reads the instructions, and everyone does the motion.

The exerciser stood up tall,  
And stretched his arms from wall to wall,  
He put his hands way up high,  
Then down again beside each thigh.  
He put his chin upon his chest,  
Then pulled it back, his neck to rest.  
He reached way down and touched the ground,  
And turned himself two times around.  
Then with his hands he touched his feet,  
Then quietly he took his seat.

# Sports Songs

From BALOO's BUGLE June 2005

## Rotten Reeboks

*Baltimore Area Council*

Tune: Clementine

Rotten Reeboks, dirty sweat socks,  
Generating toxic fumes,  
I've seen flies dead, struck in mid air  
Fatal venture to his room.

In my brother's bedroom closet  
Stinkarooning like refuse  
Dwelt a size 12 pair or sneakers  
With a smell you couldn't lose.

Aging Reeboks, in a corner  
Turning air a bluish green,  
Hope the county doesn't visit  
They'd condemn us sight unseen.

I've tried bug balm, lemon air scent  
Even spray that smells like pine,  
Must be something that can cut it,  
Something strong, like turpentine.

Even weirdo, crazy mutt dog  
Who has breath you can't adore,  
Makes a wide turn, cuz his eyes burn,  
Every time he nears the door.

"What's the big deal?" asks ol' big foot  
None of his friends notice it.  
"Proves they're brain dead," says my sister,  
"Doesn't surprise me a bit."

"Not to worry," says my father  
"Could be money after all."  
"Pentagon might pay a bundle  
"For the secret to it all."

# Sports Songs

From BALOO's BUGLE June 2005

## Cub Scout Sports Song

*Baltimore Area Council*

Tune: My Bonnie

My baseball went over the fence,  
My arrows are broken to bits.  
My volleyball has been deflated,  
After riding a horse I can't sit!

### Chorus:

Belt loops, belt loops,  
I'll earn my sports pin today, today.  
Belt loops, belt loops;  
My letter is not far away

My bicycle has a flat tire  
My boomerang just won't return.  
They say that I've lost all my marbles  
And I still haven't gotten my turn.

### **Chorus:**

My dog ate my ping pong paddle.  
My badminton birdie has flown.  
I sprained my right ankle while jogging  
And was stranded ten mile's from home.

### **Chorus:**

They say that Cub Scout sports are fun.  
Some day I would like to know.  
I've been wandering around for an hour  
Just waiting for my Den to show.

## Take Me Out To The Ball Game

*San Gabriel Valley, Long Beach & Verdugo Hills Councils*

by: Jack Norworth and Albert Von Tilzer

Take me out to the ball game;  
Take me out with the crowd.  
Buy me some peanuts and cracker jack;  
I don't care if I never get back.

Let me root, root, root for the home team;  
If they don't win it's a shame.  
For it's one, two, three strikes, you're out  
At the old ball game.

# Sports Songs

From BALOO's BUGLE June 2005

## Bowlin', Bowlin, Bowlin'

*San Gabriel Valley, Long Beach & Verdugo Hills Councils*

Tune: Rawhide

Bowlin', Bowlin, Bowlin'  
Keep those balls a rollin'  
Keep those strikes a rollin', alright!

We're laughin' and a grinnin'  
Cause our team is winnin'  
Soon we'll be in first place.

Head 'em up, roll 'em down  
Roll 'em down, make a strike  
Make a strike, so we win, alright!

Roll 'em down, knock em off,  
Get a mark, make a strike.  
We're gonna win tonight!

## This is My Baseball

*San Gabriel Valley, Long Beach & Verdugo Hills Councils*

Tune: This is My Country

This is my Baseball  
I'll share it with you.  
This is my baseball  
Bring your bat and mitt too!

I'm playing with my friends,  
I'm gonna hit one home.  
Cause this is my baseball  
To share and to hold.

# Sports Songs

From BALOO's BUGLE June 2005

## A Stretching We Will Go

From Santa Clara County Council Pow Wow July 2005

Tune: A Hunting We Will Go

A stretching we will go,  
Moving to and fro,  
And when we are done  
We've had some fun  
And stretch our muscles, too.

Come on folks, let's stand  
And raise up high each hand.  
Then spread them wide,  
Now to your side,  
As muscles you relax.

Now let us stomp our feet,  
But please don't take your seat.  
Before you're down,  
Please turn around,  
And then you'll take your seat.

## The Athlete

From BALOO's BUGLE February 2005

*Circle Ten Council*

Tune: My Bonnie

They gave me a suit and a number  
And sent me out on the field  
They gave me a ball called the pigskin,  
And shoes with some cleats, toe and heel

Next time they gave me a racquet,  
They sent me out on the court  
Funny the things you encounter,  
While trying to learn a new sport.

### ***Chorus***

Muscles, Cramps,  
Wracking my body with pain, with pain  
I stand, wondering,  
If ever I'll do this again!

(Chorus)

The ordeal was finally over,  
At least, that's what I thought,  
When they shoved me the soccer equipment  
I fainted dead on the spot!

(Chorus)

# Sports Openings

From Baloos' Bugle June 2005

## Sportsmanship

Make large cards with the following letters-S-P-O-R-T-S-M-A-N-S-H-I-P. You'll need the Cubmaster and 13 Cub Scouts, each with one letter. As the Cubmaster reads the letters the boys show their cards, read the words for their letter off the back, and hold them up for the rest of the ceremony.

- CM:** At the start of a baseball game, the announcer yells, "Play Ball!" Very soon, we will be saying that for our big game here at our Pack picnic. But before that, 13 Cub Scouts and I would like to remind you of something very important. We'll do it with a little spelling lesson:
- Cub # 1:** S – is for smiling, even if you hurt inside.
- Cub # 2:** P – is for pardoning parents who may show poor manners.
- Cub # 3:** O – is for oozing enthusiasm for your car and your fellow Den members.
- Cub # 4:** R – is for respecting the feelings of other Cub Scouts.
- Cub # 5:** T – is for trying your best and (next letter) is for being satisfied with yourself.
- Cub # 6:** M – is for mastering self-control.
- Cub # 7:** A – is for anger, which has no place in our meetings.
- Cub # 8:** N – is for noticing that only one can win.
- Cub # 9:** S – is for success in doing your best.
- Cub # 10:** H – is for hushing boastful words.
- Cub # 11:** I – is for inspiring us to congratulate the winner.
- Cub # 12:** P – is for playing the pinewood derby for fun.
- CM:** Let us remember that word 'Sportsmanship' during our picnic today.

From Baloos' Bugle July 2002

## Physical Fitness Opening

National Capital Area Council

Six Scouts come on stage, carrying various kinds of muscle-building equipment.

They exercise and, in turn, speak the following lines.

- Cub 1:** To keep your body strong and healthy, is more valuable than being wealthy.
- Cub 2:** When you are fit, you feel so good, and try to do the things you should.
- Cub 3:** It helps you lend a helping hand, to needy folks around the land.
- Cub 4:** Eating the right foods is always wise, and everyone needs exercise.
- Cub 5:** Stand on tip toes, one, two, three. Come on and practice; run with me!
- Cub 6:** Scouting builds young boys into men, and this is where it all begins.

# Sports Openings

From Baloos' Bugle June 2005

## Playball

*San Gabriel Valley, Long Beach & Verdugo Hills Councils*

Have your Cub Scouts help you with this one.

Using cardboard or poster board have them cut out 8 different ball shapes.

Have them paint or color them to resemble different balls like tennis, football, soccer, baseball, etc.

Once dried have them use a stencil to spell out P-L-A-Y-B-A-L-L, one letter on each ball.

Then glue or tape to the back of corresponding letter the text the cub is to read.

Be sure to use **LARGE** print. (Need 8 Scouts to read aloud.)

- Cub # 1:** P is for our Parents who love us and help the Pack.
- Cub # 2:** L is for our Leaders who help us on our scouting path.
- Cub # 3:** A is for Achievements that help us grow and learn.
- Cub # 4:** Y is for Yesterday the memories that we share.
- Cub # 5:** B is for Baloo the Bear who helps us learn to camp.
- Cub # 6:** A is for Activities because we want to run and play.
- Cub # 7:** L is for Laughing because Cub Scouts is such fun.
- Cub # 8:** L is for Learning skills we can use for life.

## Sporting Flag Ceremony

*San Gabriel Valley, Long Beach & Verdugo Hills Councils*

This can be done with one person reading the entire poem or splitting it up by lines and having a different Cub read either each couplet or each line.

Everywhere we gather I can see your colors wave,  
In churches, schools and stadiums, even in a cave.  
Two foes can meet upon a playing field,  
All are Americans; they will not yield.  
In sportsmanship and honor, some say that is the way,  
To keep our colors flying in every patriotic display.  
The freedom to choose, even if we don't agree,  
To fight for what's right, the price to live among the free.  
*Please join me in pledging allegiance to our flag.*

# Sports Closings

From Baloos' Bugle March 1998

## Sports Closing

Just as all sports played in the great outdoors are a challenge to each individual competitor, so also the Cub Scout trail is a challenge to each individual Scout. Professional athletes and Olympic competitors don't just become great overnight. It takes years of practice and dedication to achieve success.

This is also true in Cub Scouting. A boy who joins the Pack, does not immediately earn the Wolf, or Bear, or Webelos badge. He joins the pack to grow and be challenged. He must earn the ranks as he grows.

The challenges become more difficult as each boy grows older; but through dedication and hard work he *will* reach the top, just like the Olympic champions.

Let us vow tonight as we leave this place to always do our best - in sports, in work, in school, in life! Good Night!

From Circle Ten Council Pow Wow 1998

## Sportsmanship

You hear a lot about being a good sport, but just what does it mean? Good sportsmanship is part of good citizenship. For example, to lose a class election gracefully is good sportsmanship. The following is the Sportsmanship Brotherhood's code of sportsmanship. The "spirit of good sportsmanship" means being modest in victory as well as accepting defeat gracefully after you try your best.

A good sport learns the rules so he will not break them. He competes with all his heart, striving to outclass his competitor. If he wins, he doesn't act smug, but instead compliments the loser for the fine job they did. If he loses, he accepts it and tries to figure out why. He doesn't blame it on other players; maybe he can win next time.

A good sport accepts defeat, congratulates the winners, learns how he can improve his game, and determines to do better the next time.

From Baloos' Bugle March 2001

## Sportsman Thought

Where does a sports star get his skills? What is the formula for winning honors? It is simple, you earn them! To earn something, you work, and if you want to be a winner, expect to work. Getting to be good often means lots of practice. You will need determination and spirit to follow any training program. If your big sports thing is baseball, then throwing, catching, base running and hitting are the four big skill areas. All of them can be practiced alone if you have an automatic pitching machine. Otherwise, you can have someone pitch to you. Determine to be a winner and then just practice hard.

# Sports Closings

From Balloos' Bugle June 2005

## The Sportsman's Creed:

*Baltimore Area Council*

*Have the Scouts repeat after the Leader:*

### **The Player...**

- ...lives clean and plays hard. He plays for the love of the game.
- ...wins without boasting, he loses without excuses, and he never quits.
- ...respects officials and accepts their decisions without question.
- ...never forgets that he represents his Den and Pack.

*Have the Cubmaster repeat after the Leader*

### **The Coach...**

- ...inspires in the boys a love for the game and the desire to win.
- ...teaches them that it is better to lose fairly than to win unfairly.
- ...leads players and spectators to respect others by setting them a good example.
- ...is the type of adult he wants his boys to be.

*Have the Den Leaders repeat after the Leader:*

### **The Official...**

- ...knows the rules.
- ...is fair and firm in all decisions. (S)He calls them as (s)he sees them.
- ...treats everyone courteously and demands the same treatment for (her)himself.
- ...knows the game is for the boys, and lets them have the spotlight.

*Have the Parents repeat after the Leader:*

### **The spectators...**

- ...never boo a player or official
- ...appreciate a good play, no matter who makes it.
- ...know the Pack gets the blame or the praise for their conduct.
- ...recognize the need for more sportsmen and fewer "sports".