

# Bow and Arrow Craft

## Supplies required:

- Piece of ½" diameter PVC tubing, cut to 40" length
- Nylon twine, 1 spool is more than enough
- Colored Electrical Tape, as many as you can find
- Wood Dowels, 16"-18" long (take the erasers along to figure out the dia.)
- Eraser Tips
- Pipe Insulation, cut to about 6" lengths

## Tools required:

- Saw (a Band Saw works best)
- Scissors, to cut the twine & insulation

## INSTRUCTIONS:

### Before the Meeting:

1. With the PVC tubing cut to 40" lengths, notch out both ends to accommodate the twine.
2. Notch the center of one end of the wood dowels as well.
3. Cut up twine into 40" sections as well, though you will not use the entire length.

### At the Meeting:

1. Have the dads assist the braves/princesses in decorating the PVC with the Electrical Tape. Diagonal, offset colors and/or simple wrappings work. Use your imagination.
2. After completing the Bow, do the same thing with the Arrows. We suggested that each child make the same design on all the arrows for easy identification. You can use markers on the arrows as well.
3. Next, put the Pipe Insulation around the bow at the center. Secure with Black Electrical Tape.
4. Tie a large knot in one end of the twine, and insert the twine in one of the slots in the Bow. Bend the Bow and tie another knot in the opposite side of the twine. Test the tension, and if the twine is too loose retie the knot for a shorter length.
5. Pass out the erasers for the Arrows.
6. Lecture the tribe on the safety of using the Bow and Arrow. Shooting at trees = GOOD, shooting at siblings or pets = BAD.
7. Our tribe passed out Archery patches from the PatchStore after we all took our Bow and Arrows outside and had some target practice.